

TMJ Health Questionnaire

Name:

Chief Concern: Date of Onset:

Pain Symptoms					
Do you get "tension headaches"	Y	N	Do you get headaches in the right or left temple areas	Y	N
Do you ever get "migraine headaches"	Y	N	Do you frequently have neck aches or stiff neck muscles	Y	N
Do you have trouble sleeping soundly	Y	N	Do you get headaches in the back of your head	Y	N
Have your teeth been sore on awakening	Y	N	Are your jaws tired when you awaken from sleep	Y	N
Do you grind your teeth when asleep	Y	N	Have you ever had chronic shoulder or back pain	Y	N
Does your jaw ache when you chew	Y	N	When are your symptoms worse		
Do you have ear pain	Y	N			
Does your jaw ache when you open wide	Y	N			
What medications, if any, are you taking			Does anything make you feel better		
How often do you take medications for relief of pain			Have your wisdom teeth been extracted		
a) Never b) Weekly to Monthly a b c) Weekly d) Daily c d			Details:		
Trauma or Accidents					
Have you ever had a severe blow to the head or jaw			Have you ever been involved in any serious accidents, such as a car accident. Details:		
Any whiplash neck injuries					
Jaw Joint Symptoms					
Have you ever had pain in either jaw			Do you feel or hear a "clicking", "popping" or "cracking" noise from either jaw joint		
Are there any foods you avoid eating			Has your jaw ever locked where you were unable to open or close		
Do you ever get dizzy			Do you have difficulty opening wide or yawning		
Do you ever feel faint			Does your jaw feel tired after a big meal		
Do you feel nauseated (sick)					
Is there a family history of jaw joint (TMJ) problems or headaches					
Ear And Eye Symptoms					
Do you suffer from any loss of hearing			Do you hear ringing, buzzing or hissing sounds in either ear		
Do you wear glasses or contacts			Do you have itchiness or stuffiness in either ear		
Are there times when your eyesight blurs			Do you hear grating noises in your ears (like sand particles rubbing)		
Do you get pain in, around or behind either eye					
Breathing					
Do you have allergies			Is your nose stuffed when you don't have a cold		
Do you have a sinus problem			Do you snore at night		